## Merchant Taylors' School for boys' Menu Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Chip Shop Friday
Fresh Soup Made Daily	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Meal 1	Beef chilli con carne & sour cream	Pulled Pork With Spicy Coleslaw	Shepherd's Pie & Red Cabbage	Hot Roast beef & yorkies	Battered pollock & tartar sauce
Option 2	Roast chicken with creamy bacon cabbage	Pizza	Butter bean Vegetable Hotpot	Chicken curry mango chutney, naan bread	Seafood pie
Vegetarian	Vegetable Quiche	Pea & mint risotto	Pasta bar	Mushroom & leek Quiche	Pasta Bar
Carbohydrate	Boiled Potato	Herby diced potato	New potato / Steamed rice	Roast potato	Chipped potatoes
Freshly Prepared Vegetables	Baked beans, Peas	Baked beans Sweetcorn & carrots	Roasted veg	Sliced carrots & peas	Baked beans mushy peas Curry sauce
Dessert	Jelly pots Rice pudding	Toffee sponge & custard	Iced bun	Blackcurrant & apple crumble with custard	Chocolate sponge & chocolate custard

\* All vegetables are freshly prepared on the day of service except peas, sweetcorn, baked beans & mushy peas

- A <u>salad bar</u> is available serving coleslaw, potato salad, prepared salads, tomato, cucumber & lettuce with a selection of the following choices of protein items such as cheese, tuna pots, chicken, sliced meats (ham, pastrami & salami) and cold pies.
- There is also a selection of filled wraps and sandwiches/rolls. Every day a bread basket selection is available with various types of bread from around the world.
- Fresh yoghurt is made daily and there is a wide selection of fresh fruit with at least melon, apples, oranges, pears & grapes.

## Merchant Taylors' School for boys' Menu Week 2

	Monday	Tuesday	WEDNESDAY	THURSDAY	Chip Shop Friday
Fresh Soup Made Daily	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Meal 1	Chicken Tikka & Rice	Roast Chicken Leg With Lemon & Garlic	Beef Lasagne	Roast pork & apple sauce	Battered Cod
Option 2	Cheese & Onion Panini	Pizza Bar	Dingly Dell & Herb Sausages Red Onion Gravy	Lamb Tagine & Cous Cous	Salmon & Dill Fishcake
Vegetarian	Tomato basil pasta with choice of fillings	Vegetable risotto	Braised Quorn Sausages & Tomato Sauce	Cheese Potato Cauliflower & spring onion pie	Pasta bar
Carbohydrate	Herby Potatoes	Savoury Rice	Mashed Potato	Roasted potatoes	Chipped potatoes
Freshly Prepared Vegetables	Green vegetables	Sweetcorn & peas	Greenbeans & cauliflower	Sautéed carrots & broccoli florets	Baked beans mushy peas curry sauce
Dessert	Rice pudding	Toffee sponge & custard	Cookies	Apple & pear crumble	Chocolate sponge & chocolate custard

\* All vegetables are freshly prepared on the day of service except peas, sweetcorn, baked beans & mushy peas

• A <u>salad bar</u> is available serving coleslaw, potato salad, prepared salads, tomato, cucumber & lettuce with a selection of the following choices of protein items such as cheese, tuna pots, chicken, sliced meats (ham, pastrami & salami) and cold pies.

- There is also a selection of filled wraps and sandwiches/rolls. Every day a bread basket selection is available with various types of bread from around the world.
- Fresh yoghurt is made daily and there is a wide selection of fresh fruit with at least melon, apples, oranges, pears & grapes.

## Merchant Taylors' School for boys' Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	Chip Shop Friday
Fresh Soup Made Daily	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
Main Meal 1	Beef Pie	Sweet & sour pork With rice	Cottage Pie	Roast gammon & pineapple	Fish of the day battered cod
Option 2	Macaroni Cheese	Indian Baked Chicken Tomato & coriander Salsa	Tomato pasta bar & garlic bread	Chicken & leek Pie	Bratwurst With Caramelised Onion
Vegetarian	Chick pea samosa & yoghurt dressing	Spinach & Tomato Quiche	Vegetable stir-fry	Pasta quorn bolognaise	Pasta bar
Carbohydrate	Steamed potato	Roasted new potato	Diced potato	Roasted potatoes	Chipped potatoes
Freshly Prepared Vegetables	Broccoli florets Sweetcorn	Braised Vegetables	Peas & Sweetcorn	Carrots Garden peas	Baked Beans Mushy Peas Curry sauce
Dessert	Rice pudding	Leopard sponge & custard	Iced finger	Apple crumble with custard	Chocolate sponge & custard

All vegetables are freshly prepared on the day of service except peas, sweetcorn, baked beans & mushy peas

- A <u>salad bar</u> is available serving coleslaw, potato salad, prepared salads, tomato, cucumber & lettuce with a selection of the following choices of protein items such as cheese, tuna pots, chicken, sliced meats (ham, pastrami & salami) and cold pies.
- There is also a selection of filled wraps and sandwiches/rolls. Every day a bread basket selection is available with various types of bread from around the world.
- Fresh yoghurt is made daily and there is a wide selection of fresh fruit with at least melon, apples, oranges, pears & grapes.