

Ian Robinson Sports Centre Fitness Instructor Job Information

Ian Robinson Sports Centre, Merchant Taylors' Schools are seeking a highly motivated individual to act as a Fitness Instructor on a part-time basis. All candidates must be flexible in their approach to work, suitably qualified and willing to work additional hours including weekday evening and weekends.

The Ian Robinson Sports Centre is a dual use sports centre that opens evenings, weekends and school holidays for public use.

Hours of Work

Wednesday: 5:45 – 9:15pm

Saturday: 8.30am – 9.15pm

(10.75hrs per week)

Pay rate: Scale 9, £7.46 per hour

Start date: Immediate subject to satisfactory clearance.

Job Description

- To perform full Health & Safety and Training & Programme Inductions for all new clients.
- Monitor the use all equipment ensuring that each apparatus is used safely and correctly.
- Assist all clients with their continual training and performance requirements.
- Devise clear and concise Training and Programme templates and person specific plans.
- Deliver Fitness Classes of a specific nature available for all clients and non-members to attend.
- Maintain high standards of health & safety and hygiene in the Fitness Suite at all times.
- Perform daily, weekly and monthly equipment inspections of all equipment and record appropriately.
- Maintain high levels of customer service within the Fitness Suite.
- Devise regular updates on all issues directly relating the clients of the Fitness Suite.
- Deal with all general customer enquiries including registering all new members as clients of the Fitness Suite.
- General Sports Centre assistant duties including sports coaching (holiday clubs and parties) and pool lifeguard cover if suitable.

Education and qualifications

(E): Essential (P): Preferable

- Level 2 Certificate in Fitness Instructing awarded by City & Guilds, Active IQ, VTCT and CYQ or OCR, or Level 2 Certificate in Teaching Exercise and Fitness (E)
- Possession of a valid First Aid at Work certificate (P)

Training and experience

- Previous experience within the leisure/sports industry (P)
- Experienced and capable of operating all Microsoft computer software packages including Word and Excel (E)
- Willing to undertake a National Pool Lifeguard Qualification (E)
- Previous experience in the role of a Fitness Instructor (P)