School Week 1	m	t	W	t	f
Bread	Flat bread	Corn bread	Onion Bread	Focaccia	Tomato bread
soup	Smoky paprika Tomato	Thai chicken broth	Spiced Butternut	white bean & garlic	Peri peri sweet potato
Main 1	Butter chicken	Beef burrito	Whole roasted chicken	Pulled pork	Breaded/Battered Fish
			gravy	Zingy coleslaw	/plated baked fish dish
Garnish	Poppadom / chutney's	Sour cream	Stuffing/ Yorkshire	Grated cheese	Tartar sauce lemon
Main2/veg	Chick pea & spinach	Plated dish!	Root vegetable bake		Bean burger
	masala	g/f cheesy bean burrito	Gravy	Roasted tomato penne	
	Puff rice/ yogurt/ dhal	Sour cream	Yorkshire	brioche roll	Pineapple salsa
carb	Pilau Rice	Smokey wedges	Skin on Roast pot	herby diced potato	Chips
Veg1	Spinach & peas	Zesty butter Corn on	Carrots	Salad bowl	Peas/ bean
		cob			
Veg2	Cumin Roasted	Sautéed Green beans	Fruity Red cabbage	Sweetcorn	Kale/mongo tout
	cauliflower				
Jacket/Pasta	Pasta Bar	Jacket Bar	Pasta Bar	Jacket Bar	
	Neapolitan sauce	Sweet potato	Tomato & basil sauce	Sweet potato	Jacket potato
	Cheese sauce	Butternut	3 cheese sauce	Butternut	bar
		Jacket 50s		Jacket 50s	
Dessert	rice pudding	Orange & sultana tray	Pear & chocolate	Lemon cheesecake pot	Blueberry & seed
	vanilla shortbread	bake & custard	crumble with chocolate		muffin
			sauce		
Fresh Cut fruit/Jellies Fresh Cut fruit			Fresh Cut fruit Fresh Cut fruit		Fresh Cut fruit
	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt
	pots				

School Week 2	m	t	W	t	f
Bread	Black olive focaccia	Mixed seed bloomer	Onion & thyme flat	Malty grain	Stilton bloomer
soup	Mushroom, tarragon &	Carrot & Smokey	Tomato & roasted red	Miso soup	Sage & parsnip
	crème fresh	paprika	pepper		
Main 1	chicken & prawn paella	frankfurter sausage	Roasted Turkey	meatballs tagliatelle	Fish goujon's / fish of
	calamari rings	sausage	Roasted gravy		the day
Garnish	cheese flakes	Fried onion	Chef made Cranberry	Flaked parmesan	Tartar sauce lemon
	crispy Parsley	Homemade ketchup	sauce	Basil leaves	
		·	Apricot stuffing		
Main2/veg	Vegetable paella	Vegetable sausage	Potato & leek vegan	mac & cheese	Sweet potato & pepper
			oat crumble pie		sausage roll
		Fried onion	Vegan gravy	Days special	curry sauce
		Homemade ketchup			
carb		Herb dice potatoes	Roasted new potatoes	Garlic focaccia fingers	Chunky Chips
Veg1	carrots	Coleslaw	Fine green beans	Sweetcorn	Peas/ bean
Veg2	peas	Corn on cob	Roasted parsnips	broccoli	Cauliflower cheese
Jacket/Pasta	Jacket potato bar	Jacket Bar	Pasta Bar	Jacket Bar	
,	'	Sweet potato	Tomato & basil sauce	Sweet potato	Jacket potato bar
		Butternut	3 cheese sauce	Butternut	
		Jacket 50s		Jacket 50s	
Dessert	apple granola crumble	Chocolate & beetroot	Fake well tart &	Humming bird cake	chocolate sponge
		brownie	custard	Cream cheese topping	
	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit
	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt

School Week 3	m	t	W	t	f
Bread	Cheese bread	Soda bread	Raisin & pumpkin seed	Pesto Focaccia	50/50
soup	Moroccan chickpea	Hot & sour tomato	Spinach & watercress	Parsnip & apple	Red lentil & coconut
	soup	soup	with sour cream		
Main 1		Sumac Chicken &	Roasted honey glazed		Thai batter Fish /bake
	Turkey Chilli con carnie	pepper with Koblenz	gammon	Classic beef lasagne	salmon
		flat bread			
Garnish	Grated cheese	Picked red cabbage	Homemade apple	Rocket sunblush	Lime
	Taco chips	Homemade Hummus	sauce	tomato	Chilli mayo
			Baked apple wedges		Coriander leafs
Main2/veg	Butterbean & sweet	Falafels with onion &	Vegetable toad in hole	Ricotta & spinach	Quorn ball sub in a rich
	potato chilli	pepper & Koblenz		cannoli	tomato sauce with
		bread			caramelized onion
	Guacamole	Picked red cabbage	Roasted gravy	Today's special	Slice Monterey Jack
	Sour cream	Homemade Hummus			cheese & jalapenos
carb	Fluffy white rice	Bulger wheat	Roasted potatoes	potato wedges	Chips
Veg1	Sweetcorn	Broccoli	Swede & carrot mash	corn on the cob	Peas/ bean
Veg2	Green bean	Roasted butternut	Cauliflower	baked beans	Roasted butternut
Jacket/Pasta	Pasta Bar	Jacket Bar	Pasta Bar	Jacket Bar	
	Neapolitan sauce	Sweet potato	Tomato & basil sauce	Sweet potato	Jacket potato bar
	Cheese sauce	Butternut	3 cheese sauce	Butternut	
		Jacket 50s		Jacket 50s	
Dessert	Carrot pumpkin cake	Bread & butter	Chocolate Jaffa cake	Upside-down	Jam & toasted coconut
		pudding	pots	pineapple cake	sponge with custard
		custard		Cream	
	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit	Fresh Cut fruit
	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt	Fresh made yogurt