

MTPS STANFIELD LUNCH MENU - SPRING TERM (1) FROM JANUARY '19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1					
MAIN	BUTTER CHICKEN CURRY, STEAMED RICE & MINI POPPADOM	CUMBERLAND SAUSAGE IN RICH GRAVY & CREAMY MASH POTATO	SPAGHETTI BOLOGNAISE	ROASTED PORK LOIN WITH GRAVY, ROAST POTATOES & APPLE SAUCE	CHICKEN NUGGETS & CHUNKY CHIPS
VEGETARIAN	RAINBOW CHOW MEIN	QUORN SAUSAGE	QUORN BOLOGNAISE	CHEESE & TOMATO QUICHE	VEGETABLE NUGGETS
VEGETABLES	CARROT STICKS	CAULIFLOWER / GREEN BEANS	BROCCOLI / GARLIC BITES	BRAISED CABBAGE/ CARROTS	BAKED BEANS
DESSERT	VANILLA SHORTBREAD	FRUIT PLATTER	CHOCOLATE MOUSSE	APPLE CRUMBLE & CUSTARD	ICE CREAM
	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT
WEEK 2					
MAIN	BBQ CHICKEN THIGH & NOODLES	PORK SAUSAGE HOT DOG & FRIED ONIONS	MEATBALLS & SPAGHETTI	ROAST TURKEY WITH GRAVY & ROAST POTATOES	SAUSAGE ROLLS & CHIPS
VEGETARIAN	BBQ QUORN FILLET	QUORN HOT DOG & FRIED ONIONS	MACARONI CHEESE	POTATO & LEEK PIE	VEGETABLE KIEV
VEGETABLES	CARROTS / STIR FRY VEG	CORN ON THE COB / HERBY DICED POTATOES	BROCCOLI / GARLIC BITES	FINE GREEN BEANS / ROASTED PARSNIP	BAKED BEANS
DESSERT	FLAPJACK	CHOCOLATE BROWNIE	SYRUP SPONGE & CUSTARD	RICE PUDDING	FROZEN YOGHURT POTS
	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT

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WEEK 3					
MAIN	CHILLI CON CARNE WITH TORTILLAS	CHICKEN & TOMATO PASTA BAKE	TURKEY KORMA, RICE & NAAN BREAD	HONEY ROASTED GAMMON, ROAST POTATOES & GRAVY	FISH FINGERS & CHIPS
VEGETARIAN	VEGETABLE CHILLI	VEGETABLE PASTA BAKE	QUORN KORMA	VEGETABLE TOAD IN THE HOLE & GRAVY	CHEESE & PEPPERS SAUSAGE ROLL
VEGETABLES	SWEETCORN	BROCCOLI / BUTTERNUT SQUASH	BABY CORN / MANGE TOUT	CARROT & SWEDE MASH / CAULIFLOWER	BAKED BEANS
DESSERT	MINI CHOC CHIP MUFFIN	JELLY POTS	TOFFEE SPONGE & CUSTARD	RAISIN & SILICIAN LEMON COOKIE	ICE CREAM
	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT	FRESH CUT FRUIT & FRESH MADE YOGHURT
AVAILABLE DAILY:					
COLD PROTEIN	SLICED MEAT PLATTER HARD BOILED EGGS CHEESE TUNA MAYONNAISE	SLICED MEAT PLATTER HARD BOILED EGGS CHEESE TUNA MAYONNAISE	SLICED MEAT PLATTER HARD BOILED EGGS CHEESE TUNA MAYONNAISE	SLICED MEAT PLATTER HARD BOILED EGGS CHEESE TUNA MAYONNAISE	SLICED MEAT PLATTER HARD BOILED EGGS CHEESE TUNA MAYONNAISE
SALAD BAR	TOMATO CUCUMBER LETTUCE BEETROOT SWEETCORN COLESLAW FEATURED SALAD	TOMATO CUCUMBER LETTUCE BEETROOT SWEETCORN COLESLAW FEATURED SALAD	TOMATO CUCUMBER LETTUCE BEETROOT SWEETCORN COLESLAW FEATURED SALAD	TOMATO CUCUMBER LETTUCE BEETROOT SWEETCORN COLESLAW FEATURED SALAD	TOMATO CUCUMBER LETTUCE BEETROOT SWEETCORN COLESLAW FEATURED SALAD
DRINK	WATER	WATER	WATER	WATER	WATER