

Week 1 Junior school



Monday

Cream of tomato soup
chicken korma
poppadum & chutney
vegetable biriyani
Pilau rice
Baked beans
Garden peas
pasta bar with
neopolitan sauce
jelly pots
fresh cut fruit
fresh made yogurt pots

Tuesday

Cream of mushroom
soup
Pizza bar
Smokey potato wedges
Baked beans
Corn on the cob
Jacket potato bar
Coconut jam sponge
fresh cut fruit
fresh made yogurt pots

Wednesday

Vegetable soup
Roasted gammon &
pineapple
Vegetable risotto
Roast potatoes
Carrots
Pasta bar with tomato
& basil sauce
Apple crumble
fresh cut fruit
fresh made yogurt
pots

Thursday

Leek & potato soup
Cumberland sausage
Quorn sausage
Mashed potato
Cauliflower
Baked beans
Jacket potato & sweet
potato bar
Carrot cake
fresh cut fruit
fresh made yogurt pots

Friday

Lentil soup
Battered fish / plated
baked fish
bean burger
Chipped potatoes
Baked beans
Curry sauce
Jacket potato & sweet
potato bar
Chocolate sponge
fresh cut fruit
fresh made yogurt pots

Week 2 Junior school



Monday

Cream of mushroom soup

Roast chicken

Vegetable pasta bake

White rice

Baked beans

Garden peas

Sticky toffee sponge
jelly pots
fresh cut fruit
fresh made yogurt pots

Tuesday

Cream of tomato soup

Cottage pie

Vegetable quiche

Roasted diced potato

Broccoli

Baked beans

Jacket potato bar

Strawberry mousse
fresh cut fruit
fresh made yogurt pots

Wednesday

Cream of vegetable soup

Roasted pork & apple sauce

Vegetable cobbler

Roast potatoes

Greenbeans

Pasta bar with tomato basil sauce or cheese sauce

Fake well tart
fresh cut fruit
fresh made yogurt

Thursday

Leek & potato soup

Beef chilli con carne

Mac & cheese

Garlic bites

Steamed rice

Corn on the cob

Baked beans

Jacket potato & sweet potato bar

Lemon drizzle cake
fresh cut fruit
fresh made yogurt pots

Friday

Lentil soup

Battered fish goujons / fish of the day

Vegetable sausage roll

Chipped potatoes

Baked beans
Curry sauce

Jacket potato & sweet potato bar

Chocolate sponge
fresh cut fruit
fresh made yogurt pots

Week 3 Junior School



Monday

Cream of mushroom soup

Chicken wrap

Vegetable bean wrap
White rice

Baked beans
sweetcorn

pasta bar with
Neapolitan sauce or
cheese sauce

Rocky road cake
fresh cut fruit
fresh made yogurt pots

Tuesday

Cream of tomato soup

Bbq pork ribs

Vegetable noodles

Baked potato wedges

Steamed broccoli
Baked beans

Jacket potato bar

Chocolate bread &
butter pudding

fresh cut fruit
fresh made yogurt pots

Wednesday

Vegetable soup

Roasted chicken &
apricot stuffing

Cheese pie

Roast potatoes
Carrots & swede
Baked beans

Pasta bar with tomato
& basil sauce

Chocolate & orange
brownie

fresh cut fruit
fresh made yogurt
pots

Thursday

Leek & potato soup

Beef bolognaise

Ricotta & spinach
cannoli

Garlic bites
greenbeans
Baked beans

Jacket potato & sweet
potato bar

Scones & jam
fresh cut fruit
fresh made yogurt pots

Friday

Lentil soup

Battered fish / baked
salmon

Quorn balls in a sub roll
and tomato sauce

Chipped potatoes
Baked beans
Curry sauce

Jacket potato & sweet
potato bar

Chocolate sponge
fresh cut fruit
fresh made yogurt pots