Monday

cream of tomato soup

chicken korma poppadum & chutney vegetable biriyani

pilau rice/ yoghurt/ lentil dhal

spinach & garden peas cumin roasted cauliflower

> pasta bar with neopolitan sauce

jelly& ice cream

fresh cut fruit fresh made yoghurt pots

Tuesday

cream of mushroom soup

pizza bar various toppings

smokey potato wedges

sautéed greenbeans corn on the cob

jacket potato bar

coconut jam sponge & custard

fresh cut fruit fresh made yoghurt pots

Wednesday

vegetable soup

roasted gammon & pineapple

vegetable bake

roast potatoes

carrots greenbeans

pasta bar with tomato & basil sauce

> apple crumble & custard

fresh cut fruit fresh made yoghurt pots

Thursday

leek & potato soup

chicken noodles Asian slaw

vegetable stir fry prawn crackers

broccoli & mixed peppers

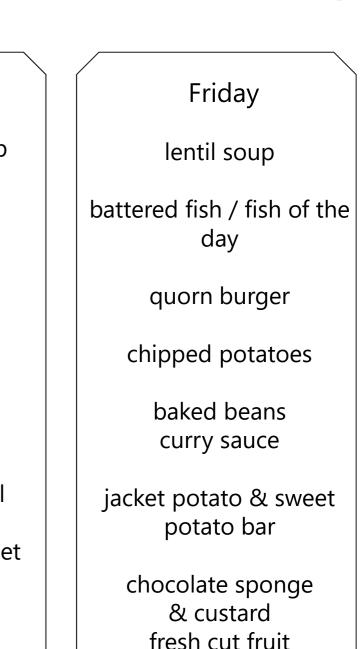
White rice oriental salad bowl

jacket potato & sweet potato bar

carrot cake

fresh cut fruit fresh made yoghurt pots

Week 1 Senior school



fresh made yoghurt pots

cream of tomato soup

Monday

chicken fajita cheese flakes & parsley

vegetable fajita White rice salsa & sour cream

peas & sweetcorn

Jacket potato bar

sticky toffee sponge & custard

jelly pots fresh cut fruit fresh made yoghurt pots Tuesday

cream of mushroom soup

beef meatballs in a rich tomato sauce & spaghetti

> mac & cheese garlic bites

vegetable medley baked beans

jacket potato bar

cookies

fresh cut fruit fresh made yoghurt pots Wednesday

cream of vegetable soup

roasted pork & apple sauce

vegetable quorn cobbler

> roast potatoes greenbeans carrots

pasta bar with tomato basil sauce or cheese sauce

fake well tart

fresh cut fruit fresh made yoghurt Thursday

leek & potato soup

beef chilli con carne flaked cheese & basil leafs

three bean tacos

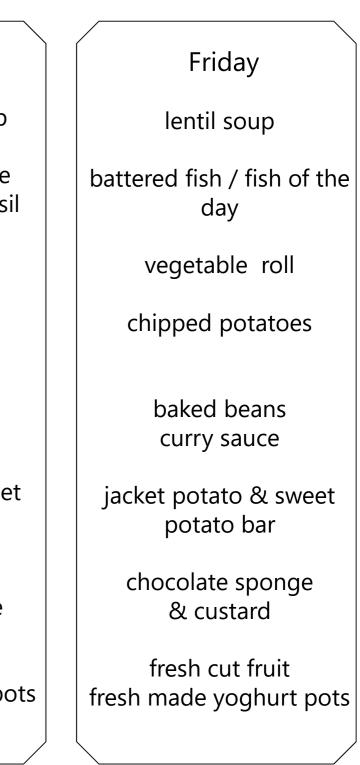
garlic bites steamed rice corn on the cob broccoli

jacket potato & sweet potato bar

lemon drizzle cake

fresh cut fruit fresh made yoghurt pots

Week 2 Senior School



Monday cream of mushroom soup

bbq chicken wrap

grated cheese

vegetable bean wrap

white rice/ guacamole/ sour cream

> greenbeans sweetcorn

pasta bar with neapolitan sauce or cheese sauce

rocky road cake fresh cut fruit fresh made yoghurt pots Tuesday

cream of tomato soup

sweet & sour pork white rice

prawn crackers/ soy dip

vegetable noodles

steamed broccoli baked beans

jacket potato bar

chocolate bread & butter pudding

fresh cut fruit fresh made yoghurt pots Wednesday

vegetable soup

roasted chicken & apricot stuffing

summer quorn bake

roast potatoes carrots & Swede baked beans

pasta bar with tomato & basil sauce

chocolate & orange brownie

fresh cut fruit fresh made yoghurt pots Thursday

leek & potato soup

burger bar in a brioche roll

assortment of dressings and cheese quorn burger

smokey potato wedges

greenbeans texas beans

jacket potato & sweet potato bar

salted caramel sponge & custard

fresh cut fruit fresh made yoghurt pots

Week 3 Senior school

