

Week 1 Senior school



Monday

cream of tomato soup

chicken korma
poppadum & chutney
vegetable biriyani

pilau rice/ yoghurt/
lentil dhal

spinach & garden peas
cumin roasted
cauliflower

pasta bar with
neopolitan sauce

jelly& ice cream

fresh cut fruit
fresh made yoghurt
pots

Tuesday

cream of mushroom
soup

pizza bar
various toppings

smokey potato wedges

sautéed greenbeans
corn on the cob

jacket potato bar

coconut jam sponge
& custard

fresh cut fruit
fresh made yoghurt
pots

Wednesday

vegetable soup

roasted gammon &
pineapple

vegetable bake

roast potatoes

carrots
greenbeans

pasta bar with tomato
& basil sauce

apple crumble
& custard

fresh cut fruit
fresh made yoghurt
pots

Thursday

leek & potato soup

chicken noodles
Asian slaw

vegetable stir fry
prawn crackers

broccoli & mixed
peppers

White rice
oriental salad bowl

jacket potato & sweet
potato bar

carrot cake

fresh cut fruit
fresh made yoghurt pots

Friday

lentil soup

battered fish / fish of the
day

quorn burger

chipped potatoes

baked beans
curry sauce

jacket potato & sweet
potato bar

chocolate sponge
& custard
fresh cut fruit
fresh made yoghurt pots

Week 2 Senior School



Monday

cream of tomato soup
chicken fajita
cheese flakes & parsley
vegetable fajita
White rice
salsa & sour cream
peas & sweetcorn
Jacket potato bar
sticky toffee sponge
& custard
jelly pots
fresh cut fruit
fresh made yoghurt
pots

Tuesday

cream of mushroom
soup
beef meatballs in a rich
tomato sauce &
spaghetti
mac & cheese
garlic bites
vegetable medley
baked beans
jacket potato bar
cookies
fresh cut fruit
fresh made yoghurt
pots

Wednesday

cream of vegetable
soup
roasted pork & apple
sauce
vegetable quorn
cobbler
roast potatoes
greenbeans
carrots
pasta bar with tomato
basil sauce or cheese
sauce
fake well tart
fresh cut fruit
fresh made yoghurt

Thursday

leek & potato soup
beef chilli con carne
flaked cheese & basil
leafs
three bean tacos
garlic bites
steamed rice
corn on the cob
broccoli
jacket potato & sweet
potato bar
lemon drizzle cake
fresh cut fruit
fresh made yoghurt pots

Friday

lentil soup
battered fish / fish of the
day
vegetable roll
chipped potatoes
baked beans
curry sauce
jacket potato & sweet
potato bar
chocolate sponge
& custard
fresh cut fruit
fresh made yoghurt pots

Week 3 Senior school



Monday

cream of mushroom
soup

bbq chicken wrap

grated cheese

vegetable bean wrap

white rice/ guacamole/
sour cream

greenbeans
sweetcorn

pasta bar with
neapolitan sauce or
cheese sauce

rocky road cake
fresh cut fruit
fresh made yoghurt
pots

Tuesday

cream of tomato soup

sweet & sour pork
white rice

prawn crackers/ soy dip

vegetable noodles

steamed broccoli
baked beans

jacket potato bar

chocolate bread &
butter pudding

fresh cut fruit
fresh made yoghurt
pots

Wednesday

vegetable soup

roasted chicken &
apricot stuffing

summer quorn bake

roast potatoes
carrots & Swede
baked beans

pasta bar with tomato
& basil sauce

chocolate & orange
brownie

fresh cut fruit
fresh made yoghurt
pots

Thursday

leek & potato soup

burger bar in a brioche
roll

assortment of dressings
and cheese
quorn burger

smokey potato wedges

greenbeans
texas beans

jacket potato & sweet
potato bar

salted caramel sponge
& custard

fresh cut fruit
fresh made yoghurt pots

Friday

lentil soup

battered fish / baked fish
of the day

quorn balls in a sub roll
and tomato sauce
Slice cheese/ jalapenos

chipped potatoes
baked beans
curry sauce

jacket potato & sweet
potato bar

chocolate sponge
& custard

fresh cut fruit
fresh made yoghurt pots