



LUNCH WEEK 1

Monday

Carrot and coriander
soup

Chicken tikka

Nice and spicy chickpea
and spinach curry

Naan bread,
Saag a loo
Chutney

Fluffy white rice

Garden peas

Jacket bar

Eton mess
Fresh cut fruit
Fresh made yogurt pots

Tuesday

Tomato and basil
soup

Artisan pizza bar

Rocket with sun
blush tomatoes

Fresh spinach with
pesto dressing

Coleslaw

Pasta bar

Viennese biscuits
Fresh cut fruit
Fresh made
yogurt pots

Wednesday

vegetable soup

Honey roast gammon
with fresh apple sauce

Seasonal vegetable
terrine

Yorkshire pudding
Sage and onion stuffing
gravy

Roasted potatoes
Carrots
Spring greens

Jacket bar

Apple crumble with
cream
Fresh cut fruit
fresh made yogurt pots

Thursda

y
Sweetcorn and
noodle soup

Sweet chilli chicken
noodles

Sweet and sour
quorn

Prawn crackers

Fluffy white rice
Sweetcorn

Pasta bar

Lemon cheesecake
Fresh cut fruit
Fresh made yogurt
pots

Friday

Pea and mint
Soup

Battered fish or
fresh catch of the day
tartar sauce and
lemon wedges

Cheese and tomato
Panini

Chips
Peas, beans

Jacket bar

Chocolate sponge
with chocolate sauce
Fresh cut fruit
Fresh made yogurt
pots



LUNCH WEEK 2

Monday

Tomato and roasted red
pepper soup

Chicken and pepper
fajita

Halloumi and roasted
vegetable fajita

Salsa
Sour cream

Sweetcorn
Sugar snap peas

Jacket bar

Sticky toffee sponge
with cream
Fresh cut fruit
Fresh made yogurt pots

Tuesday

Minestrone soup

Beef meatballs in a rich
tomato sauce with
spaghetti and garlic
bread

Sweet potato and
cauliflower curry with
naan bread and chutney

Garden peas
Baked tomatoes with
fresh basil

Pasta bar

Strawberry mousse
Fresh cut fruit
Fresh made yogurt pots

Wednesday

Vegetable soup

Roast pork loin
fresh apple sauce

Stuffed Portobello
mushrooms

Yorkshire pudding
Gravy

Roasted potatoes
Carrots
Steamed broccoli

Jacket bar

Millionaires shortbread
Fresh cut fruit
Fresh made yogurt
pots

Thursda y

Spiced bean soup

Beef chilli con carne
Three bean vegetable
chilli

Salsa, sour cream

Loaded nachos
Sweetcorn

Pasta bar

Lemon drizzle cake
Fresh cut fruit
Fresh made yogurt
pots

Friday

Butternut squash soup

Battered fish or
fresh catch of the day
Tartar sauce and lemon
wedges

Pork and leek sausage
or quorn sausage

Chips
peas, beans

Jacket bar

Chocolate cupcake with
chocolate frosting
Fresh cut fruit
Fresh made yogurt
pots

LUNCH WEEK 3



Monday

Hot and sour soup
Sweet and sour pork
Quorn in black bean
Sauce
Prawn crackers
Vegetable spring roll
Fluffy white rice
Steamed broccoli
Jacket bar
Chocolate brownie
Fresh cut fruit
Fresh made yogurt pots

Tuesday

Tomato soup
Beef burger
or
Moroccan spiced
burger
Served in a brioche
bun
Herby diced
potatoes
Homemade relish
Fresh garden salad
Pasta bar
Cupcake
Fresh cut fruit
Fresh made yogurt
pots

Wednesday

Vegetable soup
Roast Turkey with
cranberry sauce
Quorn sausage
Yorkshire pudding
Sage and onion
stuffing
Gravy
Roasted potatoes
Baton carrots
Savoy cabbage
Jacket bar
Raspberry jelly pots or
shortbread
Fresh cut fruit
Fresh made yogurt pots

Thursda

y
Italian soup

Cottage pie with sweet
potato topping
Roasted stuffed
butternut squash
Mashed potato
Cauliflower
Green beans
Pasta bar
Fresh cream meringues
Fresh cut fruit
Fresh made yogurt pots

Friday

Lentil soup
Battered fish or
Fresh catch of the day
Tartar sauce and lemon
wedges
Chicken goujons
Vegetable quarter
pounder in a crispy
crumb
Chips
Bbq sauce dip
Baked beans
Jacket bar
Rocky road
fresh cut fruit
fresh made yogurt pots