

Lunch week 1



Monday

Mains

Beef burger
Halal beef burger
Vegetable burger (V)
served in a soft bun

Potato wedges
Corn on the cob
Burger relish

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate mousse
Fresh fruit
Yoghurts

Tuesday

Mains

Beef bolognaise
Halal beef bolognaise with
spaghetti
Three cheese tortellini with
a creamy tomato sauce (V)

Garlic bread
Broccoli

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Apple crumble and custard
Fresh fruit
Yoghurts

Wednesday

Mains

Honey roast gammon with
fresh apple sauce
Halal roast chicken
Potato and vegetable
frittata (V)

Roast potatoes
Cauliflower
Garden peas

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate cake and
chocolate sauce
Fresh fruit
Yoghurt

Thursday

Mains

Moroccan chicken stew
Halal Moroccan stew
Falafel in warm folded flat
bread (V)
tzatziki and lemon

Roasted garlic new
potatoes
Carrot sticks

Salad bar

Jacket potato

Baked beans
Tuna Mayonnaise
Grated cheese

Dessert

Banoffee pie
Fresh fruit
Yoghurt

Friday

Soup

Leek and Potato

Mains

Battered fish fillet with
tartar sauce and lemon
Vegetable sausage (V)
Chips, curry sauce, peas

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Viennese fingers
Fresh fruit
Yoghurt



Monday

Mains

Chicken tikka masala
Halal chicken tikka masala
Mild chick pea curry(V)

Steamed rice
Mange tout
Poppadums, mango
chutney

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Fruit crumble and custard
Fresh fruit
Yoghurts

Tuesday

Mains

Pepperoni pizza
Tuna and sweet corn pizza
Margarita pizza (V)

Herby diced potatoes
Side salad
Homemade coleslaw
Sweetcorn

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Shortbread
Fresh fruit
Yoghurts

Wednesday

Mains

Roast beef with rich gravy
Halal roast chicken
Potato and leek pie (V)

Roast potatoes
Yorkshire puddings
Baton carrots, Green beans

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Rocky road
Fresh fruit
Yoghurts

Thursday

Mains

Sweet and sour chicken
Halal Sweet and sour
chicken
Quorn and vegetable
Stir fry with noodles (V)

Steamed rice
Broccoli
Prawn crackers

Salad bar

Jacket potato

Baked Beans
Tuna mayonnaise
Grated cheese

Dessert

Sticky toffee pudding and
custard
Fresh fruit
Yoghurts

Friday

Soup

Roasted red pepper and
tomato

Mains

Chicken nuggets
Quorn dippers (V)

Chips, spaghetti rings

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Frozen Mango yoghurt
Fresh fruit
Yoghurt



Monday

Mains

Beef meatballs
Halal chicken meatballs served in a rich tomato sauce with pasta
Macaroni cheese (V)

Garlic bites
Roasted vegetables

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Syrup sponge and custard
Fresh fruit
Yoghurts

Tuesday

Mains

Cumberland sausage
Halal chicken sausage
Vegetable sausage (V)

Creamy mashed potatoes
Rich gravy
Garden peas
Cauliflower

Salad bar

Jacket potato

Baked potato
Tuna mayonnaise
Grated cheese

Dessert

Flap jacks
Fresh fruit
Yoghurts

Wednesday

Mains

Roast turkey breast
Halal roast chicken with sage and onion stuffing and cranberry sauce
Cheese and onion pie (V)

Roast potatoes
Carrot and swede
Green beans

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Lemon drizzle cake
Fresh fruit
Yoghurts

Thursday

Mains

Chilli con carnie
Halal chilli beef
Vegetable chilli (V)

Taco shells
Steamed rice
Sweetcorn

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate brownie
Fresh fruit
Yoghurts

Friday

Soup

Carrot and lentil

Mains

Fish goujons with tartar sauce and lemons
Vegetable nuggets (V)

Chips, baked beans

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate cupcake
Fresh fruit
Yoghurts