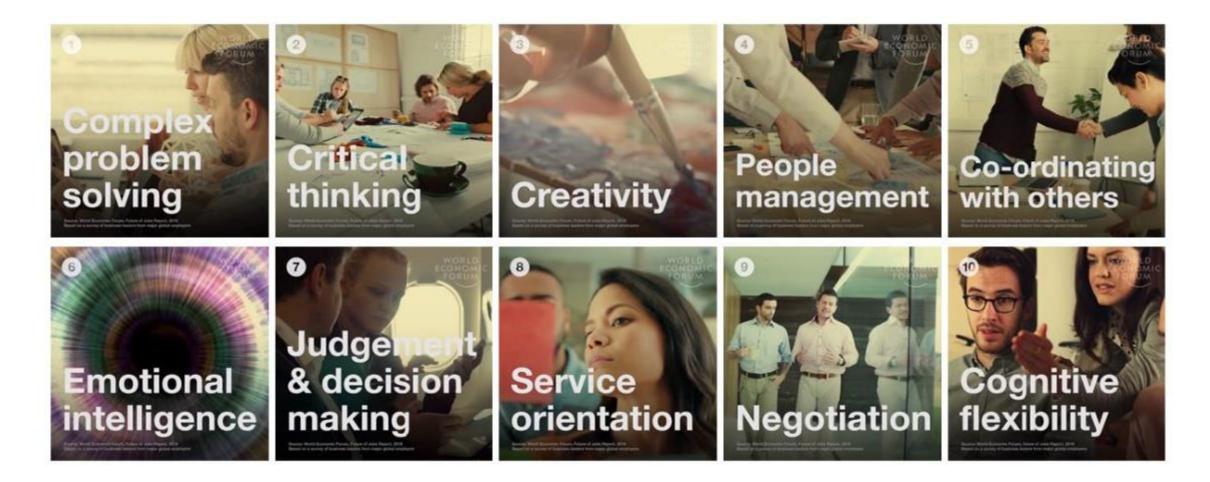
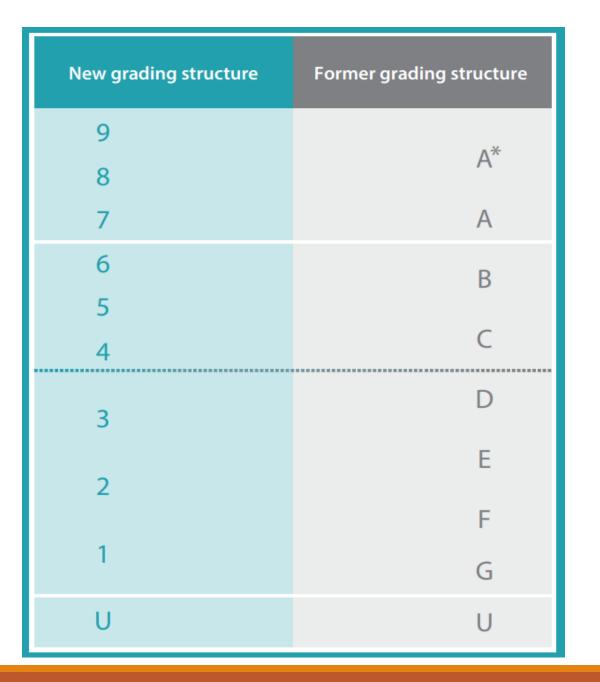
# Welcome to Middle School







Source: World Economic Forum 'The 10 skills you'll need to thrive in the 4th Industrial Revolution'



Source: Ofqual

# Welcome to Middle School

Expectations

Duke of Edinburgh Award/NCS

Mental Health

Influence of technology

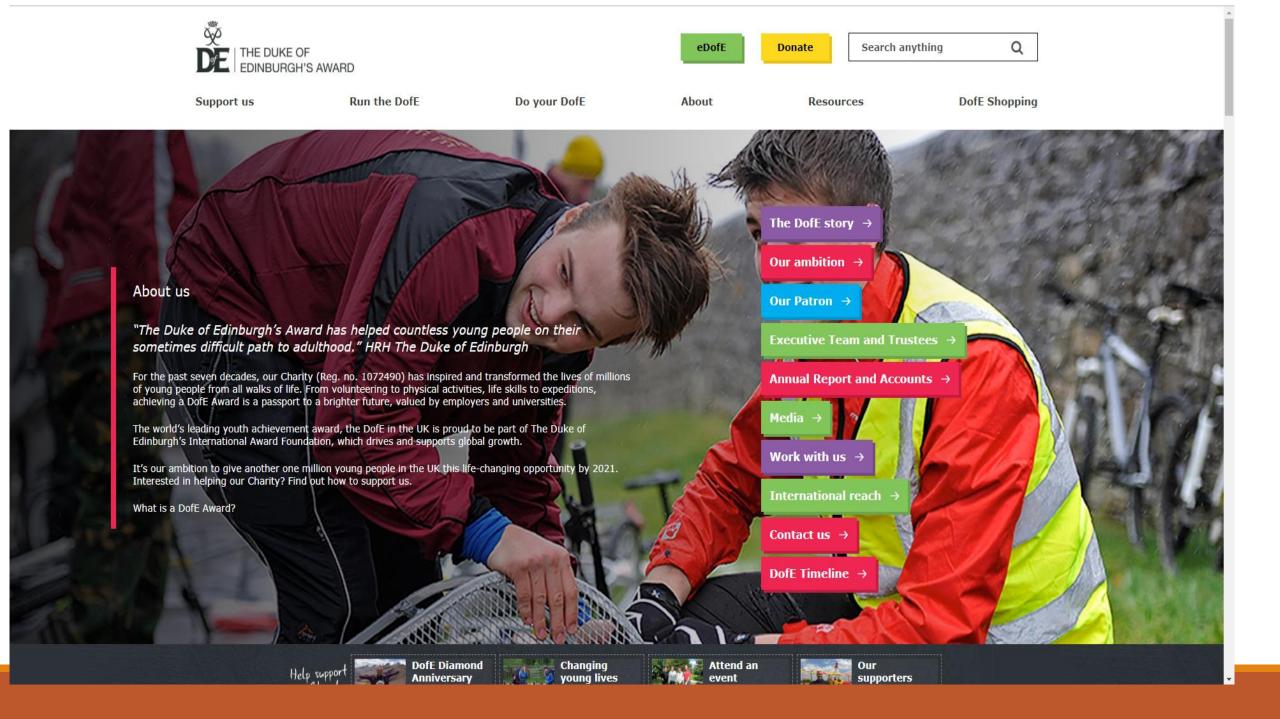
### **Expectations**

Appearance Attitude

Opportunities

#### World Tomorrow Today

Year 10	Year 11
World of Communications	World of Finance
First Aid	Cookery
Greener World	Critical Thinking
Careers	Current Affairs
	World of Ettiquette



# Questions?

Please email Mr Slemen (<u>m.slemen@merchanttaylors.com</u>) or Mr Green (j.green@merchanttaylors.com)

# <u>NCS</u>





# Mental Health

676 million people worldwide are affected by mental health issues.

- 3 in 4 mental illnesses start during childhood.
- 10% of school children have a diagnosable mental illness.
- 1 in 4 people will have a panic attack in their lives.

### What are we doing in school?

PSHE sessions focussing on Mental Wellbeing.

Guest speakers.

Staff training – MHFA England.

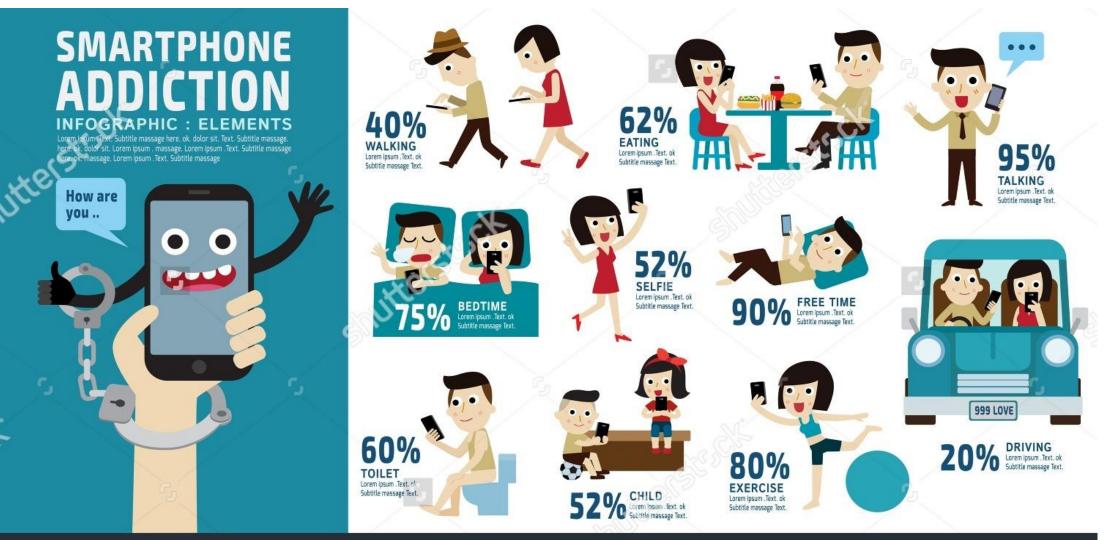
Raising awareness.

Fostering a kind, inclusive atmosphere.

Emphasising the need to talk.



#### Influence of Technology



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#### Some facts...

14-24 year olds spend 3.8hrs per day on their phone.

34% of young people think they spend too much time on their phone.

People "check" their phone around 110 times a day.

1 in 10 people check their phone in the shower!!

50% of teens say they are addicted to their phone.

56% of parents check their phone while driving!

### Solutions?

Phone ban in school.

Set up mobile phone house rules for everyone to live by. Leave mobile devices downstairs.

Track your usage (Moment IOS and Quality Time Android). Apps which set time limits (AppDetox, Antisocial, In Moment).