

To book a place on Talking Minds, please visit the website below:
<https://www.eventbrite.co.uk/e/talking-minds-a-mental-health-symposium-for-educators-tickets-51576680239>

The cost of the event is £100 per delegate.
If you wish us to invoice your school, please fill out the form below:

Your Details

Name.....

School.....

Address.....

Postcode..... Tel.....

Email.....

Dietary requirements.....

Please indicate which two workshops you wish to attend:

Mental Health in the Curriculum

The Role of Childline

The Art of Mindfulness

Perspectives from a Lived Experience

Current Research in Mental Health

Please send completed forms to: Randal Yates, Merchant Taylors' Boys' School, 186 Liverpool Road, Liverpool, L23 0QP.

We are offering one FREE place for every maintained sector school in Sefton.

To confirm your place please email: r.yates@merchanttaylors.com

For any further information, please contact Randal Yates:
r.yates@merchanttaylors.com.



TALKING MINDS

A Mental Health Symposium for Educators

Keynote speakers:

Natasha Devon MBE
Jonny Benjamin MBE
Danny Sculthorpe
Dick Moore

Friday 24th May 2019
09.30–15.45

Merchant Taylors' Boys'
School, Crosby



INTRODUCTION

Talking Minds will provide an opportunity for educators to engage with issues surrounding mental health. The main area of focus will be how to support young adults suffering from mental health issues. The conference will also give teachers the opportunity to exchange ideas with colleagues and professionals. We are excited to be hosting such a diverse variety of speakers on such an important topic.



TALKS

Natasha Devon MBE¹

Natasha is a writer and activist. She tours schools and colleges throughout the UK, delivering talks, as well as conducting research on mental health, body image, gender and social equality.

Jonny Benjamin MBE²

Jonny Benjamin is an award-winning mental health campaigner, film producer, public speaker, writer and vlogger from London. In 2017 he was awarded an MBE for his services to mental health and suicide prevention. He speaks publicly about living with mental illness and uses both the written and spoken word to educate and break stigma.

Danny Sculthorpe³

Danny is an ex-international rugby league player, who is now an ambassador for State of Mind. He delivers talks on tackling the stigma of mental health.

Dick Moore⁴

Dick is a former headmaster, English teacher and rugby coach, with over 23 years' experience in education. He has a passionate interest in adolescent development and emotional wellbeing, and has shared his expertise with over 350 schools.



TIMETABLE

- 09.15 Registration
- 09.45 Keynote Session 1—Natasha Devon and Jonny Benjamin
- 11.00 Workshop Session 1
- 11.45 Coffee Break
- 12.00 Keynote Session 2—Danny Sculthorpe and Dick Moore
- 13.15 Lunch—please submit questions for the panel discussion at 3pm
- 14.00 Workshop Session 2
- 14.45 Coffee Break
- 15.00 Panel Discussion
- 15.45 End of day



WORKSHOPS

Mental Health in the Curriculum

Jo Morgan, Head of Pastoral Curriculum at Portsmouth Grammar School, will discuss how mental health can be woven throughout a curriculum.

The Role Of Childline

Childline offers an invaluable service for young people who need help with a range of issues, including mental illness.

The Art of Mindfulness

Merseyside Mindfulness will speak about the benefits of practicing mindfulness, and how it can aid students.

Perspectives from a Lived Experience

The team from Liverpool Mental Health Consortium will discuss their experiences with mental health and how they help those suffering in Merseyside.

Current Research in Mental Health

Dr Laura Goodwin and Dr Andrew Jones from the University of Liverpool will discuss their current research into mental health.