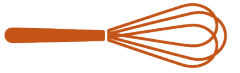




MERCHANT  
TAYLORS'  
SCHOOLS

Lunch week 1



### Monday

#### Soup

Thick vegetable

#### Mains

Beef burger  
Halal chicken burger  
Vegetable burger (V)  
served in a soft bun

Potato wedges  
Side salad  
Buttered corn on the cob  
Burger relish

Salad and deli bar

#### Pasta bar

Baked beans  
Tuna mayonnaise  
Grated cheese

#### Dessert

Chocolate mousse  
Fresh fruit  
Yoghurts

### Tuesday

#### Soup

Lentil

#### Mains

Beef bolognaise  
Halal beef bolognaise with  
spaghetti  
Three cheese tortellini with  
a creamy tomato sauce (V)

Garlic bread  
Rocket and tomato salad  
Broccoli

Salad and deli bar

#### Jacket potato bar

Tomato and basil sauce  
Grated cheese

#### Dessert

Apple crumble and custard  
Fresh fruit  
Yoghurts

### Wednesday

#### Soup

Mushroom

#### Mains

Honey roast gammon with  
fresh apple sauce  
Halal roast chicken  
Potato and vegetable  
frittata (V)

Roast potatoes  
Cauliflower  
Garden peas

Salad and deli bar

#### Jacket potato bar

Baked beans  
Tuna mayonnaise  
Grated cheese

#### Dessert

Viennese fingers  
Fresh fruit  
Yoghurt

### Thursday

#### Soup

Ham and pea

#### Mains

Moroccan chicken stew  
Halal Moroccan stew  
Falafel in warm folded flat  
bread (V)  
tzatziki and lemon

Roasted garlic new  
potatoes  
Vegetable couscous salad  
Carrots

Salad and deli bar

#### Pasta bar

Pesto sauce  
Grated cheese

#### Dessert

Banoffee pie  
Fresh fruit  
Yoghurt

### Friday

#### Soup

Carrot and coriander

#### Mains

Battered fish fillet with  
tartar sauce and lemon  
Fresh fish dish  
Vegetable pie (V)  
Chips, curry sauce, baked  
beans, peas

Salad and deli bar

#### Jacket potato bar

Baked beans  
Tuna mayonnaise  
Grated cheese

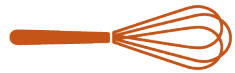
#### Dessert

Chocolate cake and custard  
Fresh fruit  
Yoghurt



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Lunch week 2



### Monday

#### Soup

Pea and mint

#### Mains

Chicken tikka masala  
Halal chicken tikka masala  
Roast cauliflower and  
chickpea korma (V)

Steamed rice  
Mange tout  
Poppadums, mango  
chutney  
Tomato and red onion  
salad, raita

Salad and deli bar  
**Jacket potato bar**  
Baked beans  
Tuna mayonnaise  
Grated cheese

**Dessert**  
Fruit crumble and custard  
Fresh fruit  
Yoghurts

### Tuesday

#### Soup

Sweet potato and smoked  
paprika

#### Mains

Pepperoni pizza  
Tuna and sweet corn pizza  
Margarita pizza (V)

Herby diced potatoes  
Side salad  
Homemade coleslaw  
Buttered corn on the cob

Salad and deli bar  
**Pasta bar**  
Basil pesto sauce  
Grated cheese

#### Dessert

Trifle  
Fresh fruit  
Yoghurts

### Wednesday

#### Soup

Spicy cauliflower

#### Mains

Roast beef with rich gravy  
Halal roast chicken  
Potato and leek pie (V)

Roast potatoes  
Yorkshire puddings  
Honey glazed carrots  
Green beans

Salad and deli bar  
**Jacket potato bar**  
Baked beans  
Tuna mayonnaise  
Grated cheese

#### Dessert

Rocky road  
Fresh fruit  
Yoghurts

### Thursday

#### Soup

Carrot and lentil

#### Mains

Sweet and sour chicken  
Halal Sweet and sour  
chicken  
Quorn and vegetable  
Stir fry (V)

Steamed rice  
Broccoli  
Prawn crackers

Salad and deli bar  
**Pasta bar**  
Tomato and basil sauce  
Grated cheese

#### Dessert

Sticky toffee pudding and  
custard  
Fresh fruit  
Yoghurts

### Friday

#### Soup

Roasted red pepper and  
tomato

#### Mains

Battered fish fillet with  
tartar sauce and lemon  
Fresh fish dish  
Cheese and onion pie (V)

Chips, curry sauce, baked  
beans, peas

Salad and deli bar  
**Jacket potato bar**  
Baked beans tuna  
mayonnaise grated cheese

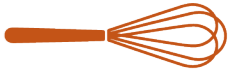
#### Dessert

Chocolate brownie  
Fresh fruit  
Yoghurt



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Lunch week 3



### Monday

**Soup**  
Vegetable

### Mains

Beef meatballs  
Halal chicken meatballs  
served in a rich tomato  
sauce with pasta  
Macaroni cheese (V)

Garlic bread  
Side salad  
Roasted vegetables

Salad and deli bar

### Jacket potato bar

Baked beans  
Tuna mayonnaise  
Grated cheese

### Dessert

Syrup sponge and custard  
Fresh fruit  
Yoghurts

### Tuesday

**Soup**  
Spicy butternut

### Mains

Shepherds pie  
Halal shepherds pie  
with pickled cabbage  
Vegetable slice (V)

Roasted new potatoes  
Garden peas  
Baked beans

Salad and deli bar

### Pasta bar

Basil pesto sauce  
Grated cheese

### Dessert

Flap jacks  
Fresh fruit  
Yoghurts

### Wednesday

**Soup**  
Italian tomato

### Mains

Roast turkey breast  
Halal roast chicken with  
sage and onion stuffing  
and cranberry sauce  
Quorn sausage (V)

Roast potatoes  
Carrot and swede  
Green beans

Salad and deli bar

### Jacket potato bar

Baked beans  
Tuna mayonnaise  
Grated cheese

### Dessert

Lemon drizzle cake  
Fresh fruit  
Yoghurts

### Thursday

**Soup**  
Chicken and leek

### Mains

Chicken fajita  
Halal chicken fajita  
Quorn and vegetable  
fajita (V)

Steamed rice  
Broccoli  
Shredded lettuce, salsa,  
sour cream

Salad and deli bar

### Pasta bar

Tomato and basil sauce  
Grated cheese

### Dessert

Raspberry cheesecake  
Fresh fruit  
Yoghurts

### Friday

**Soup**  
Potato and broccoli

### Mains

Battered fish fillet with  
tartar sauce and lemon  
Fresh fish dish  
Potato and leek pie (V)

Chips, curry sauce, baked  
beans, peas

Salad and deli bar

### Jacket potato bar

Baked beans  
Tuna mayonnaise  
Grated cheese

### Dessert

Chocolate cupcake  
Fresh fruit  
Yoghurts