Lunch week 1



Thursday Chicken korma (h) fragrant rice Naan bread Mango chutney

Mild chick pea curry Mangetout

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

> **Dessert** Rocky road Fresh fruit Yoghurts

Monday Mild Mexican chilli beef & root veggie taco (h) or Quorn & root veggie potato chilli taco

Salsa, Grated cheddar Plain rice Sweetcorn Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Toffee apple crumble & custard Fresh fruit Yoghurts Tuesday Cumberland sausage or chicken sausage (h) "hot dog" Ketchup BBQ beans Potato wedges Vege sausage "hot dog" accompaniments

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

> **Dessert** Jelly Fresh fruit Yoghurts

Wednesday Roast loin of pork or chicken breast (h) Gravy stuffing Apple sauce Roast potatoes Baton carrots broccoli Potato & leek pie

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Syrup sponge & butterscotch Fresh fruit Yoghurts



Friday

Roast red pepper & tomato soup Battered fillet of cod Vege burger, bun & salad stack Chips Garden peas Curry sauce

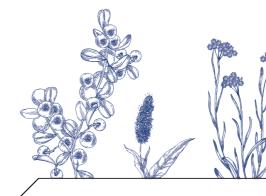
Salad bar

Jacket potato

Baked beans Tuna mayonnaise Grated cheese

Dessert

Corn flake tart & custard Fresh fruit Yoghurts



Thursday BBQ chicken (h) Plain rice Tortilla chips Vegetable stir fry

Corn on the cob

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Apple & blackberry crumble Fresh fruit Yoghurts

Monday

Selection of pizza Margerita Pepperoni Tuna & sweetcorn Italian mixed salad Potato wedges

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Chocolate brownie Fresh fruit Yoghurts

Tuesday **Beef meatballs** Chicken meatballs (h) Rich tomato sauce Penne pasta Garlic dough balls Mac & cheese Sliced carrots

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Jam & coconut sponge with custard Fresh fruit Yoghurts

Wednesday Honey roast gammon Roast chicken breast (h) Gravy Yorkshires **Cauliflower Green** beans "Quorn" fillet with Gravy & Yorkshire

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

> Dessert Shortbread Fresh fruit Yoghurts



Lunch week 2

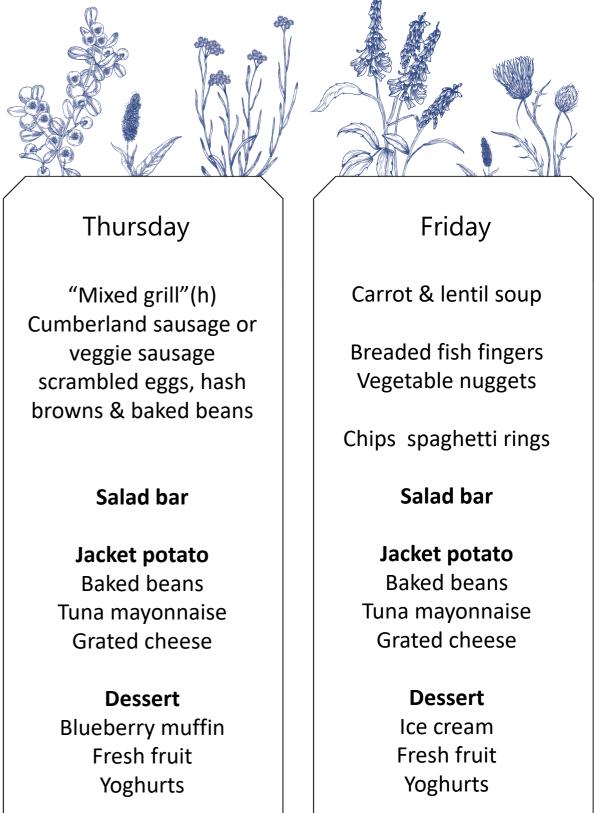
Friday Potato & leek soup

Chicken nuggets Quorn dippers Chips baked beans

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Iced ring doughnut Fresh fruit Yoghurts



Monday

Spaghetti beef Bolognese (h) or "Quorn" spaghetti Bolognese

Garlic bread slices Steamed broccoli

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Chocolate chip cookie Fresh fruit Yoghurts

Tuesday

Beef burgers (h) Vege burger Ketchup Salad stack Saute potatoes

Sweetcorn

Salad bar

Jacket potato Baked beans Tuna mayonnaise Grated cheese

> Dessert Flapjack Fresh fruit Yoghurts

Wednesday

Roast breast of turkey Roast chicken breast (h) Gravy stuffing Yorkshire Roast potatoes peas carrots Cheese & tomato quiche Salad bar

> Jacket potato Baked beans Tuna mayonnaise Grated cheese

Dessert Chocolate sponge & custard Fresh fruit Yoghurt



Lunch week 3