



Lunch week 1



Monday

Mild Mexican chilli
beef & root veggie taco
(h) or Quorn & root
veggie potato chilli taco

Salsa, Grated cheddar
Plain rice
Sweetcorn
Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert
Toffee apple crumble &
custard
Fresh fruit
Yoghurts

Tuesday

Cumberland sausage
or chicken sausage (h)
"hot dog"
Ketchup BBQ beans
Potato wedges
Vege sausage "hot
dog" accompaniments

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert
Jelly
Fresh fruit
Yoghurts

Wednesday

Roast loin of pork or
chicken breast (h)
Gravy stuffing
Apple sauce
Roast potatoes
Baton carrots broccoli
Potato & leek pie

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert
Syrup sponge &
butterscotch
Fresh fruit
Yoghurts

Thursday

Chicken korma (h)
fragrant rice
Naan bread
Mango chutney

Mild chick pea curry
Mangetout

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert
Rocky road
Fresh fruit
Yoghurts

Friday

Roast red pepper &
tomato soup
Battered fillet of cod
Vege burger, bun &
salad stack
Chips Garden peas
Curry sauce

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert
Corn flake tart &
custard
Fresh fruit
Yoghurts



Lunch week 2



Monday

Selection of pizza
Margerita
Pepperoni
Tuna & sweetcorn
Italian mixed salad
Potato wedges

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate brownie
Fresh fruit
Yoghurts

Tuesday

Beef meatballs
Chicken meatballs (h)
Rich tomato sauce
Penne pasta
Garlic dough balls
Mac & cheese
Sliced carrots

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Jam & coconut sponge
with custard
Fresh fruit
Yoghurts

Wednesday

Honey roast gammon
Roast chicken breast (h)
Gravy Yorkshires
Cauliflower Green
beans
"Quorn" fillet with
Gravy & Yorkshire

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Shortbread
Fresh fruit
Yoghurts

Thursday

BBQ chicken (h)
Plain rice
Tortilla chips
Vegetable stir fry

Corn on the cob

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Apple & blackberry
crumble
Fresh fruit
Yoghurts

Friday

Potato & leek soup

Chicken nuggets
Quorn dippers
Chips
baked beans

Salad bar

Jacket potato
Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Iced ring doughnut
Fresh fruit
Yoghurts



Lunch week 3



Monday

Spaghetti beef
Bolognese (h) or
"Quorn" spaghetti
Bolognese

Garlic bread slices
Steamed broccoli

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate chip cookie
Fresh fruit
Yoghurts

Tuesday

Beef burgers (h)
Vege burger
Ketchup
Salad stack
Saute potatoes

Sweetcorn

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Flapjack
Fresh fruit
Yoghurts

Wednesday

Roast breast of turkey
Roast chicken breast (h)
Gravy stuffing Yorkshire
Roast potatoes peas
carrots

Cheese & tomato
quiche

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Chocolate sponge &
custard
Fresh fruit
Yoghurt

Thursday

"Mixed grill"(h)
Cumberland sausage or
veggie sausage
scrambled eggs, hash
browns & baked beans

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Blueberry muffin
Fresh fruit
Yoghurts

Friday

Carrot & lentil soup
Breaded fish fingers
Vegetable nuggets

Chips spaghetti rings

Salad bar

Jacket potato

Baked beans
Tuna mayonnaise
Grated cheese

Dessert

Ice cream
Fresh fruit
Yoghurts