Dear Parents / Guardians

We are writing to update you regarding our ongoing efforts to prevent any spread of the COVID-19 coronavirus at school.

Firstly, please be reassured that, to the best of our knowledge, no pupils or parents at the school have tested positive for the virus. One of our boys reported to hospital with an unrelated issue following his return from a ski trip to Italy and was tested for COVID-19 as a precaution. However, the area he visited was not regarded as high-risk and the test showed him to be clear of the virus.

We understand it is important that we all act responsibly and proportionately in this matter and we are encouraging all pupils and colleagues to follow a series of steps that should help to significantly restrict the spread of any germs. Please help us by encouraging your children to wash their hands at all of the following times:

- Before leaving home
- On arrival to school
- After using the toilet
- After breaks and sporting activities
- Before food preparation
- Before eating any food, including snacks
- Before leaving school
- Once back at home

A new range of posters is also displayed across all school sites advising pupils and staff of best practice and what to do should they suspect any symptoms. The symptoms to be aware of include:

- High temperature (fever), this seems to be the initial symptom
- Then a dry cough
- Shortness of breath
- Can also have headaches, tiredness, muscle pain

PHE advise anyone experiencing these symptoms, even if mild, is to stay indoors and call the NHS 111 service and to inform School.

We would also ask you to please inform school if anybody at home, such as siblings or grandparents, develops symptoms or receives a diagnosis related to COVID-19.

There are general principles we can all follow to help the spread of these viruses, including; -

- Washing your hands, with soap and water, or use an alcohol sanitiser if handwashing facilities are not available.
- Covering your cough or sneeze with a tissue, then throwing the tissue away CATCH IT, BIN IT, KILL IT
- If unwell, stay at home as a precaution

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file /866771/Coronavirus_advice_for_education_settings_poster.pdf

Please be reassured we are closely monitoring this fast-moving situation and following all guidance from PHE (below) and we will continue to update parents as and when appropriate.

https://www.gov.uk/guidance/wuhan-novel-coronavirus-information-for-the-public

Yours sincerely

Miss Anne Dalton, School Nurse