

Curriculum Overview Summary – Autumn term

Lessons

Year 7 Autumn Term – Health and wellbeing

1. What is PSHE?
2. Managing challenges of a new school
3. Personal safety
4. Attitudes to mental health
5. Promoting emotional wellbeing
6. Healthy coping strategies

Year 8 Autumn Term – Living in the wider world

1. Substance misuse
2. County Lines – What and who?
3. Bullying and cyber bullying
4. Online grooming
5. Alcohol safety
6. Child exploitation

Year 9 Autumn Term Relationships

1. Families and relationships
2. Understanding changing relationships
3. Roles within the family
4. Causing conflict
5. Reducing conflict
6. Coping with change – bereavement, divorce and separation

Year 10 Autumn Term – Living in the wider world – Finance

1. What are the causes of cyber-crime?
2. What are the effects of cyber-crime?
3. Click and pay – phones and financial risk
4. Gaming, social media and algorithms: The pressure to spend online
5. Money matters- seeking help and support
6. Role of trade unions

Year 11 Autumn Term – Health and Wellbeing

1. New challenges
2. Reframing negative thinking
3. Recognising mental ill health
4. The sleep factor
5. Lifestyles and wellbeing
6. Influences on lifestyle decisions

1. Mental health – accessing support
2. Staying safe- recognizing harassment
3. Staying safe – exiting aggressive social situations
4. Staying safe – dangerous and emergency situations
5. Staying safe – transport
6. Wellbeing – balancing life, learning and work

1. Staying safe alcohol and binge drinking
2. Staying safe – drugs
3. Leaving home – healthy lifestyles
4. The role of constructive criticism
5. Body enhancement
6. Recognising illnesses – freshers' flu, meningitis

[illegible]

Oct 6th	World Mental Health day	World Mental Health day	World Mental Health day	World Mental Health day	World Mental Health day	World Mental Health day
Oct 13th	World food day Careers 1	ADHD awareness Careers 1	Global handwashing day Careers 1	ADHD awareness Careers 1	Breast cancer awareness Careers 1	Menopause awareness Careers 1

HALF TERM

w/c	7	8	9	10	11	12/13
Nov 3rd	Bonfire night Police guest speaker	Bonfire night	Bonfire night	Bonfire night	Lung cancer awareness	Vaping
Nov 10th	World kindness day Careers 2	Anti bullying week/ odd socks day Careers 2	Anti bullying week/ odd socks day Careers 2	Anti bullying week/ odd socks day Careers 2	Movember Careers 2	Movember Careers 2
Nov 17th	Road safety week	Road safety week	Road safety week	Dangers of ketamine and nitrous oxide – Merseyside Police guest speaker	Driving awareness/ Road safety week	Driving awareness/ Road safety week
Nov 24th	RNLI – Water safety guest speaker	British values	Parliament week	British values	Parliament week	British values
1 Dec	International volunteer day	International volunteer day	National grief awareness week	World Aids day	National grief awareness week	World Aids day
8 Dec	Human Rights day Recording achievements	UNICEF day for change Recording achievements	Human Rights day Recording achievements	UNICEF day for change Recording achievements	Human Rights day Recording achievements	Knife crime police assembly Recording achievements
15 Dec	BLANK	BLANK	BLANK	BLANK	BLANK	BLANK

*All assemblies are subject to change depending on world events and issues.