

How do we assess student progress in PSHE?

Students do not undertake formal assessments in PSHE/RSE, as we do not report data on student progress within these lessons. Instead, we assess using a variety of tasks, examples of which include:

- Oracy
- Role play
- Debate
- Discussion
- Written work
- Presentations
- Pupil reflections
- Self-evaluations
- Questionnaires



2026-2027

Cultural Capital in PSHE

Students respect for democracy and democratic processes, including respect for the basis on which the law is made and applied in Britain. PSHE plays a vital role in the development of students' cultural capital experience through visits and activities which support our local community. For example, external speakers, such as Lodestone House, Merseyside Police and local representatives from charities including RNLI and Oddballs. .

Year 11 Spring into summer Term – Health and wellbeing - Mental Health, Wellbeing and Accessing Healthcare

1. Fluctuating mental health
2. Impacts of poor mental health
3. Biological influences on mental health
4. Support for mental health across our lifetime
5. Using dentists and doctors
6. Healthcare clinics, drop-in centres and online services

Year 11 Autumn term–Living in the wider world - Careers and the workplace

1. Post 16 options
2. CV writing
3. Writing a personal statement
4. What type of career is best for me?
5. Wellbeing in the workplace
6. How can financial planning support independent living?

YEAR
11

Year 10 Spring Term –RSE – Addressing extremism and toxic masculinity

1. Why are gender stereotypes harmful?
2. Misogyny in society and sexism
3. Toxic masculinity
4. Incel culture
5. Understanding and preventing extremism
6. How are people drawn into extremist groups?

Year 10 Summer Term – Health and Wellbeing – Mental Health

1. Mental health and wellbeing throughout life
2. Managing distractions
3. Changing thinking habits
4. Seeking help and support
5. Managing stress and tensions

Year 10 Autumn Term – Living in the wider world – How are community identities changing?

1. What is our local community and how am I part of it?
2. How and why do people migrate to and from different communities?
3. How has migration affected society?
4. Why might people migrate to the UK?
5. How can we maintain respect and understanding in society?
6. What makes us feel like we belong?

YEAR
10

Year 9 Summer Term – Health and wellbeing - Making healthier choices with food

1. Healthy lifestyles: taking responsibility for your physical health
2. Healthy lifestyles: health services, self examination, and vaccination
3. Smoking and vaping: risks and consequences
4. Addictive substances: alcohol

Year 9 Autumn Term – Respectful relationships- Families, Relationships and Managing Change

1. Families and relationships
2. Understanding changing relationships
3. Roles within the family
4. Causing conflict
5. Reducing conflict
6. Coping with change – bereavement, divorce and separation

Year 9 Spring Term – Living in the wider world - Financial Choices in a Digital World

1. Mobile phone products
2. Cryptocurrency
3. Financial exploitation
4. Online gaming
5. Online safety
6. Decision making – pocket money

YEAR
9

Year 8 Summer Term –Relationships - Equality, Relationships and Respect

1. Protected characteristics and the equality act 2010
2. Relationship values
3. Influences on relationship expectations
4. Prejudice and discrimination
5. Consent – avoiding assumptions

Year 8 Spring Term – Health and wellbeing - Emotional Regulation and Building Resilience

1. Managing strong emotions
2. Managing distractions
3. Managing disappointments and setbacks
4. Unhealthy coping strategies
5. Healthy coping strategies
6. Classroom RevirR (CPR)

Year 8 Autumn Term – Living in the wider world – Drugs, Alcohol and pressure - Risk, Exploitation and Staying Safe

1. Substance misuse
2. County Lines – What and who?
3. Bullying and cyber bullying
4. Online grooming
5. Alcohol safety
6. Child exploitation

YEAR
8

Year 7 Spring Term - Relationships - Friendships, Boundaries and Positive Relationships

1. What makes a good friend?
2. Changing friendships
3. Healthy online friendships
4. Hurtful behaviour
5. Consent and boundaries
6. Being positive

Year 7 Summer Term - Living in the wider world - Financial Skills and Everyday Money Choices

1. Exploring money attitude, needs and wants
2. Maths in everyday life
3. Credit, savings and bank accounts
4. Money aspirations and budgeting
5. Budgeting when gaming

Year 7 Autumn Term – Health and wellbeing – Transition and safety

1. What is PSHE?
2. Managing challenges of a new school
3. Personal safety
4. Managing emotions
5. Managing distractions
6. Developing positive thinking

YEAR
7

The three strands of CPD focus on:

- Your **Health and Wellbeing**
- The importance of **Healthy and Safe relationships**
- **Issues you face living in the wider world**, locally, nationally and internationally,

Discussion of key issues that might be worrying you during the Transition process!



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MERCHANT
TAYLORS'
PSHE

2026-2027

Year 12 and 13



University/
employment

Year 13 Spring into Summer term – Living in the wider world – Financial planning

1. The economy
2. Mortgages
3. Credit cards
4. Pensions
5. ISAs
6. Decision making – financial decisions

Year 13 Autumn Term – Health and Wellbeing – Staying safe, healthy and independent

1. Staying safe alcohol and binge drinking
2. Staying safe – drugs
3. Leaving home – healthy lifestyles
4. The role of constructive criticism
5. Body enhancement
6. Recognising illnesses – freshers' flu, meningitis

Year 12 Summer Term - Living in the wider world - Financial Awareness, Online Safety and Identity in Society

1. Financial choices – working and earning
2. Staying safe – protecting your finances
3. Understanding online misinformation
4. Staying safe – setting boundaries online
5. Intersectionality, marginalisation and privilege.

Year 12 Spring Term - Relationships - Respectful Relationships, Inclusion and Personal Boundaries

1. Respectful relationships – meeting new people
2. Understanding inclusion
3. Respectful relationships – values and differences
4. Respectful relationships – trust and intimacy
5. Respectful relationships – ending relationships
6. Understanding forced marriage

YEAR
13

YEAR
12

Year 12 Autumn Term – Health and wellbeing - Wellbeing, Safety and Managing Risk

1. Mental health – accessing support
2. Staying safe- recognizing harassment
3. Staying safe – exiting aggressive social situations
4. Staying safe – dangerous and emergency situations
5. Staying safe – transport
6. Wellbeing – balancing life, learning and work



PSHE lessons may be adapted throughout the year to respond to current events and emerging issues.