# MERCHANT TAYLORS' PSHE

## 2026-2027

***How do we assess student progress in PSHE?***

Students do not undertake formal assessments in PSHE/RSE, as we do not report data on student progress within these lessons. Instead, we assess using a variety of tasks, examples of which include:

- Oracy
- Role play
- Debate
- Discussion
- Written work
- Presentations
- Pupil reflections
- Self-evaluations
- Questionnaires

***Cultural Capital in PSHE***

Students respect for democracy and democratic processes, including respect for the basis on which the law is made and applied in Britain. PSHE plays a vital role in the development of students' cultural capital experience through visits and activities which support our local community. For example, external speakers, such as Lodestone House, Merseyside Police and local representatives from charities including RNLI and Oddballs. .

Merchant Taylors' Sixth Form

## YEAR 11

***Year 11 Autumn term–Living in the wider world – Careers and the workplace***

1. Career choices
2. Factors affecting career choice
3. Qualifications and routes into careers
4. Importance of communicating strengths in applications
5. CV writing
6. Wellbeing in the workplace

***Year 11 Spring into summer Term – Health and wellbeing***

1. Fluctuating mental health
2. Impacts of poor mental health
3. Biological influences on mental health
4. Support for mental health across our lifetime
5. Using dentists and doctors
6. Healthcare clinics, drop-in centres, pharmacies and online services
7. Tacking exam stress

## YEAR 10

***Year 10 Autumn Term – Living in the wider world – How are community identities changing?***

1. What is our local community and how am I part of it?
2. How and why do people migrate to and from different communities?
3. How can we maintain respect and understanding in society?
4. What makes us feel like we belong?
5. How is local democracy different to national government?
6. How do elections work in the UK?

***Year 10 Spring Term –RSE – Managing influence***

1. Why are gender stereotypes harmful?
2. Misogyny in society and sexism
3. Toxic masculinity and incel culture
4. Understanding and preventing extremism
5. How are people drawn into extremist groups?
6. The impact of AI on our daily lives

***Year 10 Summer Term – Health and Wellbeing – Mental Health***

1. Mental health and wellbeing throughout life
2. Managing distractions
3. Changing thinking habits
4. Seeking help and support
5. Managing stress and tensions
6. The importance of sleep

***Year 9 Summer Term – Health and wellbeing***

1. Making healthier choices with food
2. Healthy lifestyles: taking responsibility for your physical health
3. Healthy lifestyles: health services, self examination, and vaccination
4. Smoking and vaping: risks and consequences
5. Addictive substances: alcohol
6. Body modifications – influence and self expression

## YEAR 9

***Year 9 Autumn Term – Relationships - Relationships and Family Life***

1. Families and relationships
2. Understanding changing relationships
3. Roles within the family
4. Causing conflict
5. Reducing conflict
6. Coping with change – bereavement, divorce and separation

***Year 9 Spring Term – Living in the wider world - Financial literacy, digital literacy, and online safety.***

1. Mobile phone products
2. Cryptocurrency
3. Financial exploitation
4. Online gaming
5. Online safety
6. Decision making – pocket money




***Year 8 Summer Term -Relationships***

1. Protected Characteristics and the Equality Act 2010
2. Relationship values
3. Influences on relationship expectations
4. Prejudice and discrimination
5. Consent – avoiding assumptions
6. Preventing gender-based violence

***Year 8 Spring Term – Health and wellbeing***

1.Managing strong emotions
2. Managing distractions
3. Managing disappointments and setbacks
4. Unhealthy coping strategies
5. Healthy coping strategies
6. Classroom RevirR (CPR)

***Year 8 Autumn Term – Living in the wider world – Drugs, Alcohol and pressure***

1. Substance misuse
2. County Lines – What and who?
3. Bullying and cyber bullying
4. Online grooming
5. Alcohol safety
6. Child exploitation

## YEAR 8



***Year 7 Spring Term - Relationships***

1. What makes a good friend?
2. Changing friendships
3. Healthy online friendships
4. Hurtful behaviour
5. Consent and boundaries
6. Being positive

***Year 7 Summer Term - Living in the wider world***

1. Exploring money attitude, needs and wants
2. Maths in everyday life
3. Credit, savings and bank accounts
4. Money aspirations and budgeting
5. Budgeting when gaming
6. Decision making – budgeting for a summer holiday

***Year 7 Autumn Term – Health and wellbeing – Transition and safety***

1. What is PSHE?
2. Managing challenges of a new school
3. Personal safety
4. Managing emotions
5. Managing distractions
6. Developing positive thinking

## YEAR 7

**Discussion of key issues that might be worrying you during the Transition process!**

***The three strands of CPD focus on:***

- Your **Health and Wellbeing**
- The importance of **Healthy and Safe relationships**
- **Issues you face living in the wider world**, locally, nationally and internationally,

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MERCHANT TAYLORS' PSHE

2025-2026

# Year 12 and 13



University/ employment

***Year 13 Spring into Summer term – Living in the wider world***

1. The economy
2. Mortgages
3. Credit cards
4. Pensions
5. ISAs
6. Decision making – financial decisions

***Year 13 Autumn Term – Health and Wellbeing***

1. Staying safe alcohol and binge drinking
2. Staying safe – drugs
3. Leaving home – healthy lifestyles
4. The role of constructive criticism
5. Body enhancement
6. Recognising illnesses – freshers' flu, meningitis

YEAR 13

***Year 12 Summer Term - Living in the wider world***

1. Financial choices – working and earning
2. Staying safe – protecting your finances
3. Understanding online misinformation
4. Staying safe – setting boundaries online
5. Intersectionality, marginalisation and privilege.

***Year 12 Spring Term - Relationships***

1. Respectful relationships – meeting new people
2. Understanding inclusion
3. Respectful relationships – values and differences
4. Respectful relationships – trust and intimacy
5. Respectful relationships – ending relationships
6. Understanding forced marriage

YEAR 12

***Year 12 Autumn Term – Health and wellbeing***

1. Mental health – accessing support
2. Staying safe- recognizing harassment
3. Staying safe – exiting aggressive social situations
4. Staying safe – dangerous and emergency situations
5. Staying safe – transport
6. Wellbeing – balancing life, learning and work



Merchant Taylors' Sixth Form